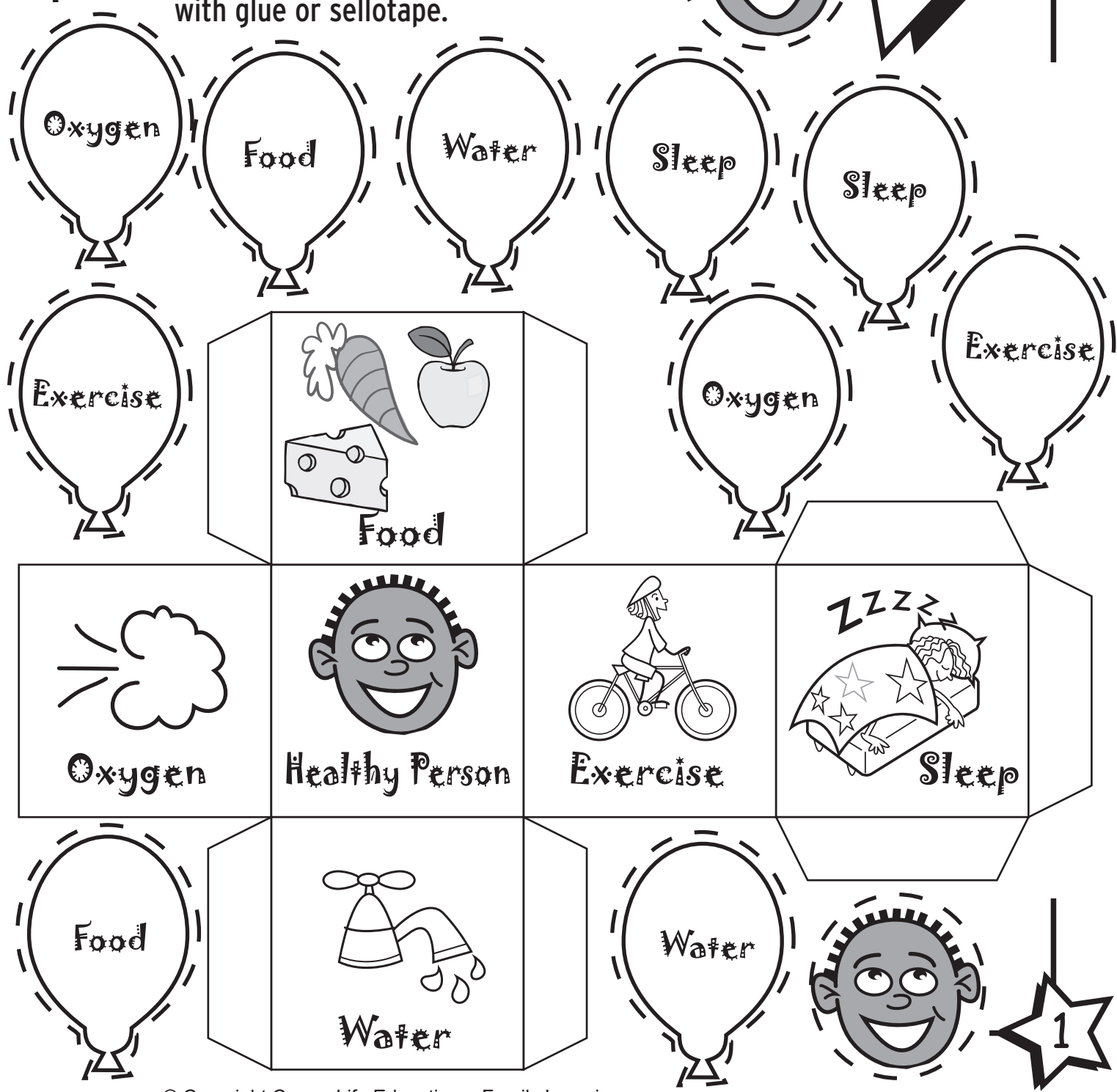
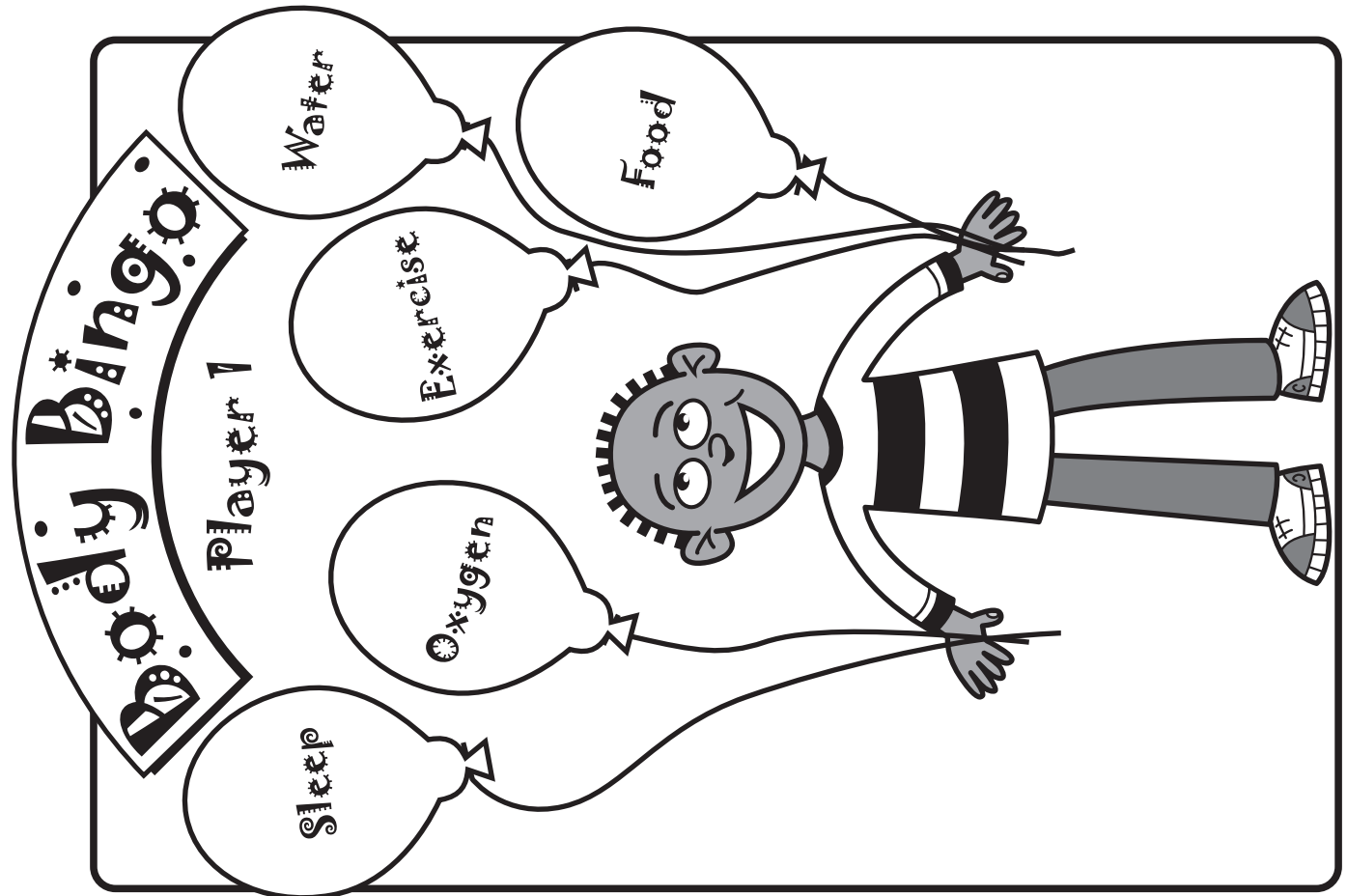
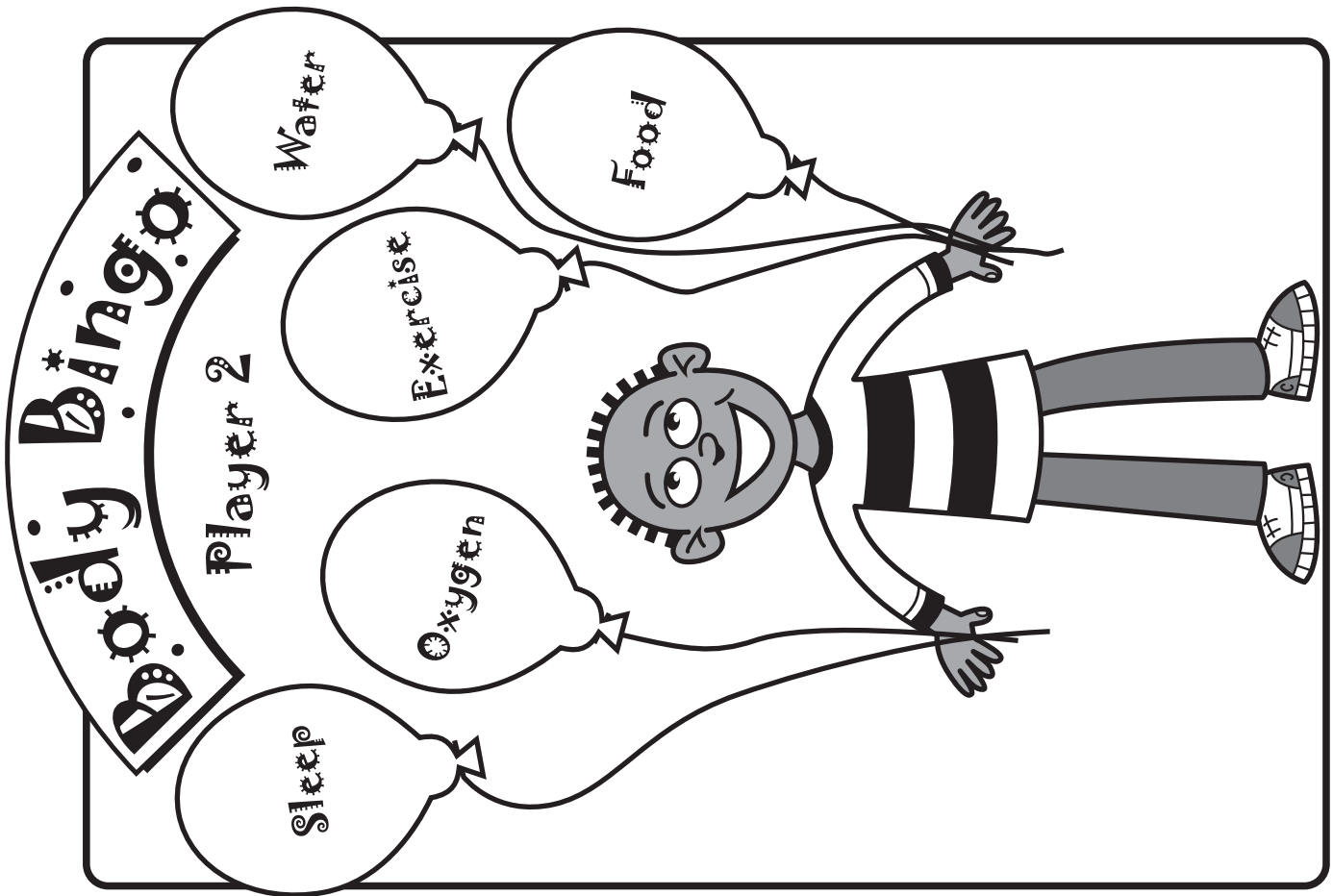


Body Bingo

YOU DID YOU KNOW?
 We need food, water, oxygen, exercise and sleep for our body to work properly.

Cut out all the items on this page. You could stick them onto card (like a cereal box) to make them last longer. Fold the dice net and stick it together with glue or sellotape.





Rules of play:

- Take it in turns to roll the dice you have made (from page 2)
- You must get a healthy person to start (the smiley face!)
- Cover each object on your game board with the balloons from page 2 as you roll it on the dice.
- The first one with everything covered wins!

